



NEW MEXICO STATE UNIVERSITY
Respirator Medical Evaluation Questionnaire

Department: _____ Campus Address: _____

Campus Phone Number: _____ Supervisor Name: _____

(See Memo: Program Change: New Procedure for Submitting Respirator Medical Evaluation Questionnaire)

PLEASE NOTE: Email the Completed Form to:
RespEval@workmedlc.com

To the employee: This form is part of the medical evaluation process used to protect your health under the NMSU Respiratory Safety Program and OSHA requirements (additional information is available at https://safety.nmsu.edu or from EHS&RM (575-646-3327). Your NMSU supervisor must allow you to answer this questionnaire during normal working hours, or at a time and place that is convenient to you. To maintain your confidentiality, your supervisor must not look at or review your answers, and must tell you how to deliver or send this questionnaire to the health care professional for review. If you do not understand the questions you may have someone in your confidence help you prepare this form, however the answers must be truthful.

1. Your name: (first, middle, last) _____

2. Today's date: _____ 3. NMSU ID (Banner) number 800 _____

4. Your age (to nearest year): _____ 5. Sex (Select one) [] Male [] Female

6. Your height: _____ ft. _____ in. 7. Your weight: _____ lbs.

8. Your job title: _____

9. A phone number where you can be reached by when reviewing questionnaire _____

10. The best time to phone you at this number: _____

11. Has your employer told (verbally or in writing) you how to contact the health care professional who will review this questionnaire. Yes No

12. Note the type of respirator you expect to use (you can note more than one category).

a. _____ N, R, or P disposable respirator (filter-mask, non-cartridge type only).

b. _____ Other. Please specify (mark one or more of the following):

Half-face, Full-facepiece type, Powered-air purifying,

Supplied-air, or Self-contained breathing apparatus.

13. Have you worn a respirator? If "yes," what type(s): Yes No

Part A. Section 2. (Mandatory) Questions 1 through 9 below must be answered by every employee who has been selected to use any type of respirator.

1. Do you currently smoke tobacco, or have you smoked tobacco in the last month. Yes No

2. Have you ever had any of the following conditions?

a. Seizures (fits) Yes No

b. Diabetes (sugar diabetes) Yes No

c. Allergic reactions that interfere with your breathing Yes No

d. Claustrophobia (fear of closed-in places) Yes No

e. Trouble smelling odors Yes No

3. Have you ever had any of the following pulmonary or lung problems?

a. Asbestosis Yes No

b. Asthma Yes No

- c. Chronic bronchitis Yes No
- d. Emphysema Yes No
- e. Pneumonia Yes No
- f. Tuberculosis Yes No
- g. Silicosis Yes No
- h. Pneumothorax (collapsed lung) Yes No
- i. Lung cancer Yes No
- j. Broken ribs Yes No
- k. Any chest injuries or surgeries Yes No
- l. Any other lung problem that you've been told about Yes No

4. Do you currently have any of the following symptoms of pulmonary or lung illness?

- a. Shortness of breath Yes No
- b. Shortness of breath when walking fast on level ground or walking up a slight hill or incline Yes No
- c. Shortness of breath when walking with other people at an ordinary pace on level ground Yes No
- d. Have to stop for breath when walking at your own pace on level ground Yes No
- e. Shortness of breath when washing or dressing yourself Yes No
- f. Shortness of breath that interferes with your job Yes No
- g. Coughing that produces phlegm (thick sputum) Yes No
- h. Coughing that wake you early in the morning Yes No
- i. Coughing that occurs mostly when you are lying down Yes No
- j. Coughing up blood in the last month Yes No
- k. Wheezing Yes No
- l. Wheezing that interferes with your job Yes No
- m. Chest pain when you breathe deeply Yes No

n. Any other symptoms that you think may be related to lung problems Yes No

5. Have you ever had any of the following cardiovascular or heart problems?

a. Heart attack Yes No

b. Stroke Yes No

c. Angina Yes No

d. Heart failure Yes No

e. Swelling in your legs or feet (not caused by walking) Yes No

f. Heart arrhythmia (heart beating irregularly) Yes No

g. High blood pressure Yes No

h. Any other heart problem that you've been told about Yes No

6. Have you ever had any of the following cardiovascular or heart symptoms?

a. Frequent pain or tightness in your chest Yes No

b. Pain or tightness in your chest during physical activity Yes No

c. Pain or tightness in your chest that interferes with your job Yes No

d. In the past two years, have you noticed your heart skipping or missing a beat Yes No

e. Heartburn or indigestion that is not relating to eating Yes No

f. Any other symptoms that you think may be related to heart or circulation problems Yes No

7. Do you currently take medication for any of the following problems?

a. Breathing or lung problems Yes No

b. Heart trouble Yes No

c. Blood pressure Yes No

d. Seizures (fits) Yes No

If you have never used a respirator, check the box and go to question 9

8. If you've used a respirator, have you ever had any of the following problems?

- a. Eye irritation Yes No
- b. Skin allergies or rashes Yes No
- c. Anxiety Yes No
- d. General weakness or fatigue Yes No
- e. Any other problem that interferes with your use of a respirator Yes No

9. Would you like to talk to the health care professional reviewing this questionnaire about your answers? Yes No

Questions 10 to 15 must be answered by every employee who will use either a full-facepiece respirator or a self-contained breathing apparatus (SCBA). For others, answering is voluntary.

10. Have you ever lost vision in either eye (temporarily or permanently): Yes No

11. Do you currently have any of the following problems?

- a. Wear contact lenses Yes No
- b. Wear glasses Yes No
- c. Color blind Yes No
- d. Any other eye or vision problem Yes No

12. Have you ever had an injury to your ears, including a broken ear drum? Yes No

13. Do you currently have any of the following hearing problems?

- a. Difficulty hearing Yes No
- b. Wear a hearing aid Yes No
- c. Any other hearing or ear problem Yes No

14. Have you ever had a back injury? Yes No
15. Do you currently have any of the following musculoskeletal problems?
- a. Weakness in any of your arms, hands, legs, or feet Yes No
 - b. Back pain Yes No
 - c. Difficulty fully moving your arms and legs Yes No
 - d. Pain or stiffness when you lean forward or backward at the waist Yes No
 - e. Difficulty fully moving your head up or down Yes No
 - f. Difficulty fully moving your head side to side Yes No
 - g. Difficulty bending at your knees Yes No
 - h. Difficulty squatting to the ground Yes No
 - i. Climbing a flight of stairs or a ladder while carrying more than 25 lbs. Yes No
 - j. Any other muscle or skeletal problem that interferes with using a respirator Yes No

SIGNATURE

I have answered the above to the best of my understanding (signed) _____ Date _____

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STOP!!

Do Not answer the following questions unless requested.

Part B. The following questions, and others, may be added if requested by the health care professional.

1. In your present job, are you working at high altitudes (over 5,000 feet) or in a place that has lower than normal amounts of oxygen; Yes No

1a. If "yes," do you have feelings of dizziness, shortness of breath, pounding in your chest, or other symptoms when you're working under these conditions? Yes No

2. At work or at home, have you ever been exposed to hazardous solvents, hazardous airborne chemicals (e.g, gases, fumes, or dust), or have you come into skin contact with hazardous chemicals? If "yes," name the chemicals if you know them: Yes No

3. Have you ever worked with any of the materials, or under any of the conditions, listed below?

a. Asbestos Yes No

b. Silica (e.g., in sandblasting) Yes No

c. Tungsten/cobalt (e.g., grinding or welding this material) Yes No

d. Beryllium Yes No

e. Aluminum Yes No

f. Coal (for example, mining) Yes No

g. Iron Yes No

h. Tin Yes No

i. Dusty environments Yes No

j. Any other hazardous exposures Yes No

If "yes," describe these exposures: _____

4. List any second jobs or side businesses you have: _____

5. List your previous occupations: _____

6. List your current and previous hobbies: _____

7. Have you been in the military services? Yes No

If "yes," were you exposed to biological or chemical agents (either in training combat? Yes No

8. Have you ever worked on a HAZMAT team? Yes No

9. Other than medications for breathing and lung problems, heart trouble, blood pressure, and seizures mentioned earlier in this questionnaire, are you taking any other medications for any reason (including over-the-counter medications)? If "yes," name the medications if you know them: Yes No

10. Will you be using any of the following items with your respirator(s)?

a. HEPA Filters Yes No

b. Canisters (for example, gas masks) Yes No

c. Cartridges Yes No

11. How often are you expected to use the respirator(s) (Select "yes" or "no" for all that apply to you)?

a. Escape only (no rescue) Yes No

b. Emergency rescue only Yes No

c. Less than 5 hours per week Yes No

d. Less than 2 hours per day Yes No

e. 2 to 4 hours per day Yes No

f. Over 4 hours per day Yes No

12. During the period you are using the respirator(s), is your work effort:

Light (less than 200 kcal per hour)? If "yes," how long does this period last during the average shift _____ hrs. _____ mins. Yes No
Examples of a light work effort are sitting while writing, typing, drafting, or performing light assembly work; or standing while operating a drill press (1-3 lbs.) or controlling machines.

Moderate (200 to 350 kcal per hours)? If "yes," how long does this period last during the average shift: _____ hrs. _____ mins. Yes No
Examples of moderate work effort are sitting while nailing or filing; driving a truck or bus in urban traffic; standing while drilling, nailing, performing assembly work, or transferring a moderate load (about 35 lbs.) at trunk level; walking on a level surface about 2 mph or down a 5-degree grade about 2 mph; or pushing a wheelbarrow with a heavy load (about 100 lbs.) on a level surface.

Heavy (above 350 kcal per hour)? If "yes," how long does this period last during the average shift: _____ hrs. _____ mins. Yes No
Examples of a heavy work are lifting a heavy load (about 50 lbs.) from the floor to your waist or shoulder; working on a loading dock, shoveling; standing while bricklaying or chipping castings; walking up an 8-degree grade about 2 mph; climbing stairs with a heavy load (about 50 lbs.).

13. Will you be wearing protective clothing and/or equipment (other than the respirator) when you're using your respirator? If "yes," describe this protective clothing and/or equipment: Yes No

14. Will you be working under hot conditions (temperature exceeding 77°F)? Yes No

15. Will you be working under humid conditions? Yes No

16. Describe the work you'll be doing while you're using your respirator(s)?

17. Describe any special or hazardous conditions you might encounter when you're using your respirator(s) (for example, confined spaced, life-threatening gases)?

18. Provide the following information, if you know it, for each toxic substance that you'll be exposed to when you're using your respirator?

- a. Name of the first toxic substance: _____
- b. Estimated maximum exposure level per shift: _____
- c. Duration of exposure per shift: _____

- d. Name of the second toxic substance: _____
- e. Estimated maximum exposure level per shift: _____
- f. Duration of exposure per shift: _____

- g. Name of the third toxic substance: _____
- h. Estimated maximum exposure level per shift: _____
- i. Duration of exposure per shift: _____

The name of any other toxic substances that you'll be exposed to while using your respirator?

19. Describe any special responsibilities you'll have while using your respirator(s) that may affect the safety and well-being of others (for example, rescue, and security)?

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